

Jolly Phonics Actions

s & ss	Weave hand in an s shape, like a snake, and say <i>sssss</i>
a	Wiggle fingers above elbow as if ants crawling on you and say <i>a, a, a</i> .
t	Turn head from side to side as if watching tennis and say <i>t, t, t</i> .
p	Pretend to puff out candles and say <i>p, p, p</i> .
i	Pretend to be a mouse by wriggling fingers at end of nose and squeak <i>i, i, i</i> .
n	Make a noise, as if you are a plane - hold arms out and say <i>nnnnn</i> .
m	Rub tummy as if seeing tasty food and say <i>mmmmm</i> .
d	Beat hands up and down as if playing a drum and say <i>d, d, d</i> .
g	Spiral hand down, as if water going down the drain, and say <i>g, g, g</i> .
o	Pretend to turn light switch on and off and say <i>o, o; o, o</i>
c,k & ck	Raise hands and snap fingers as if playing castanets and say <i>ck, ck, ck</i> .
e	Pretend to tap an egg on the side of a pan and crack it into the pan, saying <i>eh, eh, eh</i> .
u	Pretend to be putting up an umbrella and say <i>u, u, u</i> .
r	Pretend to be a puppy holding a piece of rag, shaking head from side to side, and say <i>rrrrrr</i> .
h	Hold hand in front of mouth panting as if you are out of breath and say <i>h, h, h</i> .
b	Pretend to hit a ball with a bat and say <i>b, b, b</i> .
f & ff	Let hands gently come together as if toy fish deflating, and say <i>ffffff</i> .
l & ll	Pretend to lick a lollipop and say <i>lllll</i> .
j	Pretend to wobble on a plate and say <i>j, j, j</i> .
v	Pretend to be holding the steering wheel of a van and say <i>vvvvv</i> .
w	Blow on to open hand, as if you are the wind, and say <i>wh, wh, wh</i> .
x	Pretend to take an x-ray of someone with an x-ray gun and say <i>ks, ks, ks</i> .
y	Pretend to be eating a yogurt and say <i>y, y, y</i> .
z	Put arms out at sides and pretend to be a bee, saying <i>zzzzz</i> .
qu	Make a duck's beak with your hands and say <i>qu, qu, qu</i> .
ch	Move arms at sides as if you are a train and say <i>ch, ch, ch</i> .
sh	Place index finger over lips and say <i>shshsh</i> .
th th	Pretend to be naughty clowns and stick out tongue a little for the <i>th</i> , and further for the th sound (<i>this</i> and thumb).
ng	Imagine you are a weightlifter, and pretend to lift a heavy weight above your head, saying <i>ng...</i>
ai	Cup hand over ear and say <i>ai, ai, ai</i> .
ee & or	Put hands on head as if ears on a donkey and say <i>eeyore, eeyore</i> .
igh	Point at your eye
oa	Bring hand over mouth as if you have done something wrong and say <i>oh!</i>
oo & oo	Move head back and forth as if it is the cuckoo in a cuckoo clock,
ar	Open mouth wide and say <i>ah</i> .
er & ur	Roll hands over each other like a mixer and say <i>ererer</i> .
ow & ou	Pretend your finger is a needle and prick thumb saying <i>ou, ou, ou</i> .
oi	Cup hands around mouth and shout to another boat saying <i>oi! ship ahoy!</i>
ear	Point to your ear
air	Wave hand like the wind
ure	Wave your hand in front of your nose - as if something smells bad!
ie	Stand to attention and salute, saying <i>ie ie</i> .
ue	Point to people around you and say <i>you, you, you</i> .